



F.A.Q.

Does it cost to attend rEcess?

Each monthly rEcess is offered to all families free of charge.

How do I volunteer for rEcess?

It's easy. Just email mikeconaway@heritagechristian.org and let us know that you're interested. In order to become a volunteer you will have to agree to a background check. We also require each volunteer to watch training videos and be paired with another for a period of time.

When is rEcess?

We proudly offer rEcess the third Friday evening of each month, January – October. We plan special daylong events around the holidays.

How do I get my child on the list?

If you are interested in attending rEcess, please fill out a Parent Packet, which will enable the rEcess team to assess whether or not our program is a good fit for your family and if we are currently able to accommodate your attendance. [Click Here](#) to download the a Parent Packet. You must use Adobe Reader to complete the form, which you can [download here](#). While we hope to serve the entire community, invitations are contingent on sufficient space, volunteers and need.

What care is provided?

Each child with special needs is paired with a trained volunteer for the evening. The siblings are overseen by volunteers and enjoy their own activities. Parents are always welcome to participate in a night alongside of us.